

The Special Programs/Inclusion Unit benefits from the assistance and advice of many area organizations and agencies. Two advisory boards on which we depend heavily are:

- The Special Programs/Inclusion Advisory Committee
- The Special Olympics Durham County Advisory Committee

We'd like to thank all of these individuals, agencies, and others for their support.

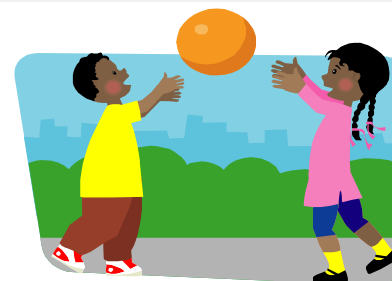


www.durhamnc.gov/departments/parks/



Durham Parks and Recreation Department

2011 Special Programs/Inclusion Program Guide



- Athletics
- After School & Camps
- Intersession & Fun Days
- Instructional & Social/Support Programs
- Special Events

**Durham Parks and Recreation provides
opportunities for our community to
Play More!**

General Information

Vision Statement:

Durham Parks and Recreation will be Durham's leading resource for recreational choices to help citizens enjoy life while contributing to their health and well-being.

Special Programs/Inclusion Mission:

To provide citizens of all abilities the opportunity to participate in a variety of recreational opportunities, to promote physical, social and educational development, build self-esteem, and encourage good citizenship.

Inclusion Statement:

DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

Special Programs/Inclusion Personnel

Recreation Manager: **Sarah Hogan** @ 560-4355, x 27236

Special Olympics, Buddy Sports, Art Ventures Camp, and Inclusion Support (Walltown, Edison Johnson, and Athletics).	Kristen Randall , Edison Johnson Center
Vision Impaired Services, ADAPT (Adult Day Program) & Inclusion Support (W.D. Hill, Campus Hills).	David Stroud , W.D. Hill Center
After School and Explore Summer Camp Program, Inclusion Support (Lyon Park, WI Patterson, TA Grady, & Weaver St.), & Adapted Sports Programs.	Meghan McLaurin , Lyon Park Center
Holton Center Mature Adult , Special Programs and Inclusion Support (Holton, East Durham, & Birchwood), Special Event Inclusion Planning/Implementation.	Annie Strike , Holton Career & Resource Cntr.
Unit management, planning, budget oversight, ADA oversight, and program support for any/all of the above.	Sarah Hogan , DPR Main Office Kendrick Vann , Morreene Rd Cntr.

Special Programs/Inclusion—Program Breakdown

Ages 13-21, (contd.)

Special Olympics Community sports—soccer, golf, tennis, aquatics, track/field, basketball, softball, gymnastics and cheerleading (ID) (ages 10+)

Special Olympics In-School Program—bowling, basketball, track/field (ID)

Summer Basketball League (ID) (ages 14+)

Teen ADAPT—Spring Break (ALL)

*Teen Social Club (ALL)

Tennis lessons, swim lessons, etc. (ALL)

Ages 18 +

Adaptive needlecraft (VIP)

Adapted sports (PD)

Beep ball (VIP)

Blind bowling (VIP)

Braille (VIP)

Sharing group (VIP)

Special Olympics Community Sports—soccer, golf, tennis, aquatics, track/field, basketball, softball, gymnastics, power lifting, cheerleading, aquatics (ID)

Tennis lessons, swim lessons, etc. (ALL)

For more information about the programs listed above, but not described in the brochure, please call 560-4355.

Please remember that Durham Parks and Recreation wishes to include any/all citizens into general recreation programs as well. Additional info is available at:

www.durhamnc.gov/departments/parks/

Special Programs/Inclusion—Program Breakdown

Key: ALL=Any/All disabilities
 ID = Intellectual Disability
 PD=Physical Disability
 VIP=Visually Impaired Program
 *=Inclusive Programs

Ages 5-12

Adapted sports (PD) (ages 8+)

Adaptive aquatics (ALL)

*Art Ventures Summer Camp (ALL) (ages 10-21)

*Buddy sports—basketball, T-ball, soccer (ALL)

Camp Discover After School and Summer Camp (ALL)

*Fun Day (ALL)

*Jr. Fire Marshal (ALL) (ages 10-17)

Special Olympics In-School Program—bowling,
 basketball, track/field (ID)

Special Olympics cheerleading, aquatics, track/field (ID) (ages 10+)

*Spring Break Camp (ALL)

Tennis lessons, swim lessons, etc. (ALL) (ages 8 +)

Ages 13-21

Adaptive aquatics (ALL)

Adapted sports (PD)

*Art Ventures—Summer Camp (ALL)

Beep ball (VIP)

Discover After School and Summer Camp (ALL)

Explore After School and Summer Camp (ALL)

Friday Night Extravaganza (ALL)

*Fun Days (ALL)

*Jr. Fire Marshal (ALL) (ages 10-17)

Guidelines for Serving Persons with Disabilities

DPR wishes to provide the highest level of recreation services to all of our citizens, therefore DPR will:

- Modify or adapt activities in a way that does not fundamentally alter the purpose of the activity.
- Provide accessible transportation, when transportation is provided for others.
- Arrange for the individual to meet staff prior to the program.
- Meet with the individual (or parent/guardian) to seek instructions and strategies to meet needs and promote success.
- Provide sign language interpreters upon request.
- Provide adapted equipment (when available).
- Provide trained staff at a 1:4 staff to participant ratio.

DPR requires participants to:

- Provide information that will help DPR staff serve them fully.
- Provide a 1:1 care aid if they require: diaper changes, total assistance with toileting, or significant support with other activities of daily living (feeding, dressing, etc.), eyes-on supervision most/all of the time, and/or direct support to participate in activities or communicate needs and wishes.
- Provide adapted supplies and equipment that are specific to their needs and may not be available to DPR.

DPR will work with the participant (and family) to determine if 1:1 support is needed. If so, the participant will be required to provide a suitable care provider in order to attend/remain in the program.

DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

Facilities and Renovations

Facilities

- ♦ Community Family Life and Recreation Center at Lyon Park 560-4288
- ♦ East Durham Neighborhood Center 560-4278
- ♦ Edison Johnson Recreation and Aquatics Center 560-4270
- ♦ Holton Career and Resource Center 354-2750
- ♦ T.A. Grady Neighborhood Center 560-4280
- ♦ Walltown Park Recreation Center 560-4296
- ♦ Weaver Street Neighborhood Center 560-4294
- ♦ W.D. Hill Recreation Center 560-4292
- ♦ More than 60 parks and outdoor play spaces
- ♦ Athletic facilities, i.e. ball fields, soccer fields, tennis courts, and gymnasiums
- ♦ Two (2) outdoor pools—Hillside and Long Meadow
- ♦ Heritage Parks: West Point on the Eno, Leigh Farm Park, Lake Michie, and Little River Lake. For info call 471-1623.

Renovations

The City is currently in the process of improving access to all City facilities. We currently have several Centers that will be temporarily closed for renovations during a portion of 2011. We will also have some park renovations occurring during 2011. For more information about these or other projects, please call the City's General Services Department at 560-4197 or DPR at 560-4355. You may also contact Stacey Poston: Voice: 560-4197, ext. 21254, TTY:560-1200.

Facilities closed for renovations during portion of 2011 (Opening dates to be announced):

I.R. Holmes, Sr. Recreation Center and Aquatics Center at Campus Hills	560-4444
Morreene Rd. Neighborhood Center	560-4405
W.I. Patterson Neighborhood Center	560-4560

Additional Programs and Events

Inclusion Opportunities During Spring Break

Job Readiness (ages 13-18)

The Job Readiness program includes education sessions that are vital to your search for employment. Topics of discussion will include dressing for success, work place etiquette, resume writing, budgeting,

Intersession Camp (ages 6-12)

In this program kids enjoy structured activities that include sports, games, swimming, dance, arts and crafts, and much more.

Campus to Campus (ages 14-18)

Join us while we tour colleges and universities across the state. In addition to tours, you will get an opportunity to build resumes, work on college applications, and listen to student panels.

Durham Aquatics School (ages 15-18)

This program offers teens the opportunity to become certified as American Red Cross Lifeguards.

Guard Start* (ages 11-14)

Jr. Fire Marshal (ages 11-17)

Safe Sitter (ages 11-13)

For more information on these programs, contact Kendrick Vann at 560-4405, x27322 or Kendrick.Vann@durhamnc.gov.

Additional Programs and Events

Adapted Sports (ages 14+)

Team sports for people who have physical disabilities. This program provides an opportunity for individuals to play hard and enjoy an action-packed, competitive challenge, all while building teamwork, communication, perseverance and good sportsmanship! Contact Meghan McLaurin at 560-4288, x 27375 or

Meghan.McLaurin@durhamnc.gov.

Water Aerobics– Aqua Arthritis

This program offers exercises specifically designed for persons with debilitating disorders, such as arthritis or fibromyalgia. You do not need to know how to swim to participate. Call 560-4444 for more information.

Adapted Aquatics

This program is designed to teach individuals with disabilities safe boundaries in and out of the water. Focus will be placed on the fundamental skills of swimming a water safety. Call 560-4444 for more information.



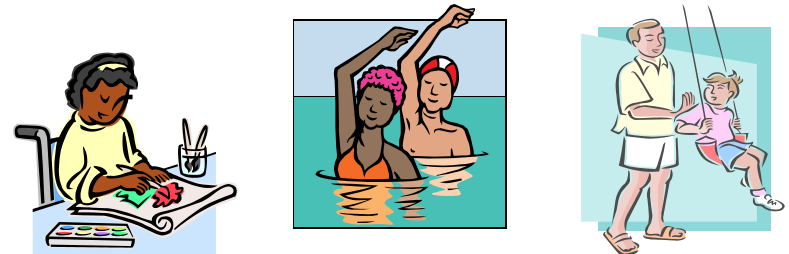
Unity in the Community Day: (2011 date TBA)

This community festival will include games, entertainment, information booths, snacks and prizes. The event is held to honor all citizens and all ability levels in celebration of Disability Awareness Month. For more information, contact Kendrick Vann at 560-4405, x27322 or Kendrick.Vann@durhamnc.gov.

General Programs & Services

Accessibility

Because we believe that all citizens have the right to receive the same or similar programs and services, we will make every effort to provide reasonable accommodations for any/all programs and services. Please call us at 560-4355 if you have any questions or simply inquire at any of our programs or facilities.



Inclusion

DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level. The new software system that DPR uses (CLASS) allows you to register for programs at any Durham Parks and Recreation Center or our Main Office (400 Cleveland St).

When registering, please indicate what support and/or accommodations are needed.

In addition to providing and encouraging inclusion of persons with disabilities in all DPR programs, we also offer a variety of special programs to meet the specific needs and interests of our citizens. You can find these programs listed throughout this brochure.

Notice Under the Americans with Disabilities Act

Persons who require assistance should call (919) 560-4197, TTY (919) 560-1200, or e-mail ADA@durhamnc.gov no later than 48 hours before the event.

Planned Inclusion

We have identified several programs and sites at which to plan for inclusion. This in no way means we intend to limit access at other locations, however, we have found it best to identify programs and sites that are most often requested and plan ahead to provide extra staff, accessible transportation, and improved physical access. Below are examples of such programs:

Teen Social Club (ages 13-19)

Inclusive Teen Club meets the second Saturday of each month for community outings. Costs are contingent on activity. Contact Kendrick Vann at Kendrick.Vann@durhamnc.gov or 560-4405 to register.

Buddy Soccer (ages 5-13): (Aug.-Oct.)

This 8-week soccer program offers children with and without disabilities an opportunity to learn and play together. This program works on social skills, team building and sport skills. Contact Kristen Randall at 560-1301 or Kristen.Randall@durhnc.gov.

Buddy Basketball (ages 5-13): (Jan.-March)

This 8-week basketball program offers children with and without disabilities an opportunity to learn and play together. This program will work on social skills, team building and sport skills. Contact Kristen Randall at 560-1301 or Kristen.Randall@durhamnc.gov.

Challenger League: (ages 5-18)

A baseball program for youth and teens with disabilities. Contact Kristen Randall at 560-1301 or Kristen.Randall@durhamnc.gov.

Unified Softball (ages 15+)

Plans are underway for another Unified Softball Team (persons with and without disabilities). More information will be available soon, but in the meantime, if you are interested, please contact Kendrick Vann @ 560-4405, x 27322 or Kendrick.Vann@durhamnc.gov.

Summer Day Camps

June 13–August 12, 2011
Monday-Friday, 7:30 a.m.-6:00 p.m.

Camp Discover: 1 (Ages 5-10), Discover II (ages 11-21)

Location: [Discover 1—Weaver St. Neighborhood Center](#)
[Discover 2—Lyon Park Community Center](#)

This program is an alternative to inclusive services. If you feel your child would benefit more from a separate program designed to meet the needs of a child with a disability then this may be the program for you. However, we seek to “include” any child who can be safely and appropriately served in any of the public camps offered by our department. For more information contact David Stroud at 560-4292, ext.27341 or David.Stroud@durhamnc.gov.

Camp Explore: (Ages 13-21)

Location: [Holton Career and Resource Center](#)

This camp serves teens and young adults with moderate to mild intellectual disabilities. If you feel your child would benefit more from a separate program designed to meet the needs of a child with a intellectual disability then this may be the program for you. However, we seek to “include” any child who can be safely and appropriately served in any of the public camps offered by our department. For more information contact Meghan McLaurin at 560-4288, ext.27375 or Meghan.McLaurin@durhamnc.gov.

June 13–July 1, 2011
Monday-Friday, 7:30 a.m.-6:00 p.m.

Art Ventures Summer Day Camp: (Ages 10 and older)

Location: [Holton Career and Resource Center](#)

This 3-week camp program offers youth with and without disabilities creative drama, dance and set design opportunities. There will be a performance in evening on Thursday, June 30th. For more info contact Kristen Randall @ 560-1301 or Kristen.Randall@durhamnc.gov.

Care Programs

All DPR school age care programs provide inclusion support for children with disabilities. We also offer several specialty options for children with disabilities. Children needing significant assistance with personal care, behavior management or support to participate in activities may be required to bring a care provider to assist them. For more information please call Sarah Hogan 560-4355, ext. 27236 or Kendrick Vann at 560-4405, ext. 27322.

Explore and Discover After School Programs: **(Ages 5-21)**

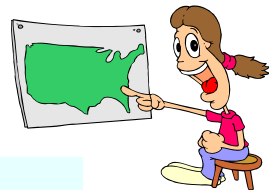
Location: Lyon Park Community Center
Monday-Friday (2:30—6 p.m.)

In addition to “Inclusion,” we offer two programs specifically for children with disabilities. If you feel your child would benefit more from a separate program designed for children with disabilities, then one of these programs may be the program for you.

Explore: (Ages 13-21) serves teens and young adults with moderate to mild intellectual disabilities.

Discover: (Ages 5-21) serves children with severe disabilities and/or whom because of noise or activity level are not yet ready for an inclusive program.

For more information about these programs contact Meghan McLaurin 560-4288, ext. 27375 or Meghan.McLaurin@durhamnc.gov



Note: Because our general public care programs and camps for teens end at age 16, Discover and Explore After School and Camps are the only options available to youth 17-21 years of age.

For Persons with Visual Disabilities

Blind Bowling (ages 14 and up)

This community bowling program for persons who are blind (or visually impaired) is held at AMF Lanes.

Adaptive Needlecraft (ages 18 and up)

Class is designed for persons with visual impairments. Participants will learn various types of needlecrafts.

Sharing Group (ages 14 and up)

A support and education group for persons with visual impairments. Individuals just beginning to experience vision loss are encouraged to attend.

Braille Class (ages 18 and up)

Class teaches basic and intermediate Braille.

For Programs above Contact

David Stroud at 560-4292, x 27341 or

David.Stroud@durhamnc.gov for more information.



Beepball (ages 14 and up)

Competitive softball for individuals with various levels of visual impairment. Players and volunteers are welcome to join the Durham Sluggers. Team practices weekly and games are on Saturdays in June and July. The season concludes with a NC/SC tournament in late July.

Goal Ball:

Goal Ball is a competitive team sport designed for people with visual impairments. This program runs in the fall and is open to all ages and ability levels.

For more information on Beepball and Goal Ball contact Meghan McLaurin at 560-4288 x 27375 or Meghan.McLaurin@durhamnc.gov.

For Persons with Intellectual Disabilities

Durham Special Olympics

For more information about Special Olympics programs contact Kristen Randall 560-1301 or Kristen.Randall@durhamnc.gov.

Special Olympics Basketball (Dec.-Feb.) (ages 14+)

Program offers basketball training for Special Olympics Athletes. Teams travel to away games and to the Special Olympic State Level Tournament (a weekend long event).

Special Olympics Cheerleading (Nov.-Feb.) (ages 10+)

Competitive cheerleading program for Special Olympics Athletes. Team will cheer at Special Olympics basketball games and support various Special Olympics events. Team will also compete at the Special Olympics State Games (a weekend long event).

Special Olympics Softball (March-May) (ages 14+)

Program offers softball training for Special Olympics Athletes. Team travels to away games and the Special Olympic State Games (a weekend long event).

Special Olympics Aquatics (March-May) (ages 10+)

Competitive aquatics program for Special Olympics Athletes—must be able to swim the length of the pool (25 yards) independently. Athletes may compete at an Invitational Tournament and the Special Olympics State Games (a weekend long event).

Special Olympics Track and Field (March-May) (ages 10+)

Program offers track and field training for Special Olympics Athletes. Athletes may travel to away meets and the Special Olympic State Games (a weekend long event).



For Persons with Intellectual Disabilities, contd.

Special Olympics Soccer (Aug.-Oct.) (Aug.-Oct.) (ages 14+)

Competitive soccer program for Special Olympics Athletes. Teams may travel out of town to tournaments and to the Special Olympics State Level Competition (a weekend long event).

Special Olympics Golf (Aug.-Oct.) (ages 14+)

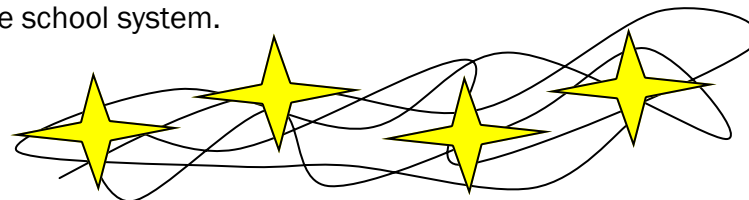
Competitive golf program for Special Olympics Athletes. Teams may travel out of town to tournaments and to the Special Olympics State Level Competition (a weekend long event).

Special Olympics Power lifting (Aug.-June) (ages 18+)

Competitive weightlifting program for Special Olympics Athletes. Athletes may travel out of town to tournaments and to the Special Olympics State Level Competition (a weekend long event).

In-School Special Olympics Training (Sept.-June) (ages 8+)

School-aged youth (ages 8+), in self-contained intellectual disabilities classes are offered a variety of Special Olympic sports options. Information will be disseminated throughout the school system.



"Special" Summer Basketball League:

(age 14+) (June-July)

This 8-week basketball league offers teens and adults with disabilities the opportunity to play in a basketball league created just for them. This program and opportunities to be included in general public basketball leagues are available by contacting Kristen Randall at 560-1301 or

Kristen.Randall@durhamnc.gov.